

Senior Living: What are the options?

In-Home Care

Health care provided by a professional in the home of the patient. Home Care is non-medical care and Home Health is medical care.

Independent Living

A housing option designed for seniors who do not require assistance with daily activities. They often offer conveniences, amenities, and social opportunities.

Assisted Living

For those needing varying levels of help with personal care, housekeeping, meals, and medications. Promotes independence while having staff available 24/7.

Supportive Living

Affordable Assisted Living for low-income seniors. The monthly rates are income based and can vary depending on the state's waiver program.

Skilled Nursing

Nursing care and therapy provided by a team of professionals including doctors, nurses and various therapists. Residents may be there long-term with a chronic illness or short-term for rehabilitative care.

Dedicated Memory Care

A secure/locked wing, floor, or standalone building for those living with any type of dementia. Staff is specially trained, and programming is structured to meet the needs of residents with dementia.

Continuing Care Retirement Community (CCRC)

A continuum of aging care needs that can all be met within the community or on a single campus. Also known as a life plan community that require both financial and health assurances that often include a life-care contract.